



Help

This panel as part of a whole
a whole
as part of a more than whole
a more than whole
as part of
the whole
surrounded by an ever-expanding
wallscape as part of
the entire whole
the entire whole
the entire whole and
wholly healing

which will always be
suddenly interrupted
by the following instance
of being framed
a frame
casually and curtly delivered
as if by a forwarding agent
Even if you're out (for real or no)
there'll always be a neighbour
kind enough
to accept it on behalf of you
and see to it
that you'll get it
the frame
in time
She'll
ring your doorbell and make a fuss
inevitably inviting herself

for coffee
biscuit?
custard slice please!
a chat
And there's you
ever polite lord of the manor
keeping a weather eye
on that frame in the corner
on that massive parcel
in the shape of a sword
packed up in bubble wrap
that will no doubt feel
juicy to the touch
and the visible traditional
brown paper
ready to strike
as soon as unwrapped
string still holding it together
bow tied with a little help
from a stranger so as to be
tied down in itself

like you who became
tied down in yourself
with a little help from a stranger
hands up as if you fired
before you surrendered
your upper body stuck
in verdant elysian fields
(no surprises there then)
your upper body at rest
on the banks
of a colourful artery

and overlooking
a viper mother's nest
putting your balance to the test

Like that
tied down in yourself
round that frame
in the back of your mind
in the wound that's still healing
on this panel as part of that
entire whole

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